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Student Wellness Program

A Great Tool to Help Promote Health and Wellness in Your School!

This colorful, animated and informative program is a series of messages in a number of different formats. The DVD version is a set of 2 disks designed to play on any standard DVD player connected to a TV monitor. The PC version contains the messages* in JPG (1024x768) format, as well as 10 pre-made screen savers! Now your TV screens, digital signage, idle computer screens, (even digital photo frames!) can be utilized to show great information about nutrition, promote exercise, inform young people about important health topics, display encouraging messages, and more!

- **Fun, positive, and inexpensive programming—Hundreds of great messages!**
- **Entirely visual - no sound is produced to interfere with surroundings.**
- **Commercialism-free: no logos or other corporate marketing.**
- **Good coverage of food groups, nutrient information and physical activity!**



Healthy Eating Tips

Quick & easy tips toward healthy choices!



Health & Nutrition Facts

Provides young people with helpful information and facts about proper nutrition and healthy living.



The Water Imperative

Daily reminders of the importance of keeping hydrated!



Fruit & Vegetable Trivia

A fun method to get kids thinking about fruits and vegetables in ways they probably haven't before!



Quote of the Day

Give young people encouragement & inspiration by showing how some people in history dealt with life's challenges.



Health & Nutrition Terms

Shows useful terminology and definitions of nutritional and health terms that everybody should know!



Balancing Acts

Positive messages on dealing with stress and living a balanced lifestyle.



Get in Motion

Reminders and examples of good exercise and physical activities!

Just fax your *School Purchase Order* to: Provision Media Inc. **Fax 612-789-0308**

Or email us at: sales@provision-media.com

DVD version: Item# SWP-DVD...\$49

PC version: Item# SWP-PC.....\$39

Phone (612) 706-3002

(*Fruit & Vegetable Trivia Game not available on PC version. Prices include shipping. Offer is for DVD and/or CD-ROM disks only; TVs, DVD players, computers, displays, and other equipment sold separately.)



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